

# JOHN HUNT ACADEMY



## PE POLICY 2022

Reviewed September 2022

# PE POLICY

## **PE Policy to be read in conjunction with the PE Health and Safety Policy**

Both staff and Governors at John Hunt Academy value Physical Education as an integral part of the school curriculum.

### **National Curriculum**

#### **Purpose**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

#### **Aims**

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of times
- Engage in competitive sports and activities
- Lead healthy, active lives

### **Subject Content**

#### **Foundation Stage**

The program of study for the Foundation Stage is set out through the Early Learning Goals which underpin curriculum planning for three to five year olds. Under the area of 'Physical Development' pupils are encouraged to be active and interactive, allowing them to develop their skills of co-ordination, control and movement. They are also supported in understanding the importance of physical activity and healthy choices in relation to food.

#### **KS1**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

#### **KS2**

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

## **Swimming**

All schools must provide swimming instruction in either KS1 or KS2. Our pupils will participate in swimming lessons during Years 3 and Year 5. If pupils are unable to swim competently, confidently and proficiently over a distance of at least 25 meters they will continue to swim during their time in Year 6.

## **Planning**

The Physical Education leader in conjunction with teaching colleagues produces long term planning detailing coverage for each key stage/year group. Planning is then adapted from a range of resources including Val Sabin, Tops and Activate. These provide details of each unit of work and ensure an appropriate balance and development of skill across each year group. Teaching colleagues will suitably adapt planning to meet the needs of individual classes and pupils.

## **Assessment**

### **Foundation Stage**

Records of development begin when children start Foundation One and continue into Foundation Two. Records of progress and development are continually assessed and recorded by Foundation Stage Teachers on children's individual pupil profiles.

### **KS1 and KS2**

In individual lessons, ongoing informal judgments are made which constantly assess pupil's understanding, skills and progress. These judgments will aid staff when planning future learning. In particular instances photographic or video evidence of activities will be collected. Reports are compiled for parents on individual pupil progress and experience in Physical Education based against the relevant program of study. These are written at the end of each Foundation Stage and subsequently at the end of each academic year.

## **Curricular Links**

### **Personal, Social and Health Education (PSHE) and Citizenship**

PE contributes to the teaching of personal, social and health education and citizenship. Pupils learn about the benefits of exercise and healthy eating, and how to make informed choices about these things.

### **Spiritual, Moral, Social and Cultural Development**

The teaching of PE allows pupils to work together, discussing their ideas and performance and developing a better understanding of themselves and others. Their work in general enables them to develop a respect for other pupils' levels of ability and encourages them to cooperate across a range of activities and experiences. Pupils learn to respect and work with each other and develop a better understanding of themselves and of each other.

## **Special Educational Needs**

Physical Education is taught to all pupils, whatever their ability. Learning opportunities are provided so that all pupils are able to make progress. When progress falls significantly below the expected range, the pupil may have special educational needs. Our assessment process looks at a range of factors, classroom organisation, teaching materials, teaching style, and differentiation so that additional or different action can be taken to enable the child to learn more effectively.

## **Extracurricular Activities**

A range of Physical Education related activities are provided for pupils at the end of the school day. These encourage pupils to further develop their skills in a range of the activity areas. The school also plays regular fixtures against other local schools in such sports as netball, football, hockey and boccia. This introduces a competitive element to team games and allows pupils to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and cooperation amongst our pupils.

## **Resources**

The school has a range of resources to support the teaching of Physical Education. Equipment is kept in PE stores and is accessible to pupils under adult supervision. Both halls contain a range of large apparatus, and pupils are expected to help set up and put away such equipment. By doing so, pupils learn to handle the equipment safely. Pupils also have access to the school field, playgrounds and local swimming pool for swimming lessons.

## **Health and Safety**

We encourage pupils to consider their own safety and the safety of others at all times. We expect pupils to change for PE into the agreed clothing for each activity area. Teachers set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewelry is to be worn for any physical activity. When taking pupils on 'out of school' sporting events the appropriate Nottinghamshire County Council risk assessments are followed and permission is obtained from parents and carers.

## **Agreement, Implementation and Review**

- The implementation of this policy is the responsibility of all staff
- The head teacher, staff and governors will review this policy on a regular basis
- The policy reflects the consensus of opinion of the staff and governors.